



About Us

Zambia Red Cross Society (ZRCs) is a leading humanitarian organization dedicated to providing timely and effective assistance to vulnerable communities affected by disasters and emergencies. Guided by the principles of humanity, impartiality, neutrality, universality, voluntary service, unity, and independence, we work hand in hand with government authorities and partners to deliver life-saving support and restore dignity to those in need.

ZRCs volunteers conduct door-to-door monitoring of children's immunization status in Kabwe District under the 5-Point Plan Project

Building Healthier, More Resilient Communities

Through our comprehensive health and care programs, we remain at the forefront of safeguarding vulnerable communities across the nation. Our integrated approach ensures that individuals not only survive crises but thrive beyond them. By strengthening health systems, promoting disease prevention, and empowering communities with sustainable solutions, we are creating lasting change that aligns with our vision of healthy, dignified lives for all.



ZAMBIA RED CROSS SOCIETY

HEALTH & CARE



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Strengthening community health systems, prevent disease, and save lives through promotion of access to healthcare, access to safe and clean water, and sanitation.

Saving Lives, Changing Minds

Toll Free 7373

ZRCs implementing the 5-Point Plan Project to boost routine immunization for children under 2 years, ensuring every child gets vaccinated

Who We Are

The Health & Care Department of the Zambia Red Cross Society (ZRCS) is a basis of our humanitarian mission, dedicated to ensuring safe, healthy, and dignified lives for vulnerable communities. Through proactive health interventions, emergency response, and long-term resilience programs, we empower individuals to thrive—even in the face of crises. We aim at strengthening community health systems, prevent disease, and save lives through promotion of access to healthcare, access to safe and clean water, and sanitation.



ZRCS establishes an Oral Rehydration Point and Information Desk in Chililabombwe to combat cholera outbreak

Our Key Focus Areas
Water, Sanitation & Hygiene (WASH)

We aim to combat the outbreak and spread of epidemics and waterborne diseases and improve community resilience by:

- Construction and rehabilitation of Water, Sanitation and Hygiene (WASH) facilities such as boreholes, and ablution blocks.
- Promotion of good hygiene practices through various platforms such as door-to-door community sensitization, radio programs, drama etc.



ZRCS installs a mechanized water reticulation system & a hand washing stand in Targagan Market Ndola District providing sustainable access to safe and clean drinking water for local communities.

- Mobilizing of community-based volunteers for outbreak response such as cholera, COVID-19, Mpox, Anthrax and other epidemics

Community Based Health Resilience (CBHR)

- We support bridging gaps in healthcare by: supporting maternal and neo-natal programs through construction of maternal annexes and mother's shelters to reduce maternal & neonatal deaths.



ZRCS constructs outpatient building in Chibende to deliver modern healthcare access for vulnerable communities

As Health and Care Department, we spearhead the provision of critical nutrition support to vulnerable communities through the distribution of High Energy Protein Supplements (HEPS) and Plumpy'Nuts, in drought affected areas, along with organizing cooking demonstrations using locally available foods. These targeted interventions specifically address malnutrition among children under five and pregnant or lactating Mothers in high-risk areas across Zambia, with the ultimate goal of reducing malnutrition rates and improving long-term health outcomes for the most vulnerable populations.



ZRCS Volunteers Conducting Public Sensitization of symptoms, prevention and treatment of Mpox at Maheba Market in Kalumbila, North Western Province



ZRCS donates Plumpy Nust to Sinazongwe District Health Office, providing nutrition for malnourished children under five Years old